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**LARGE-SCALE ATMOSPHERIC FORCING INFLUENCING  
THE LONG TERM VARIABILITY OF MEDITERRANEAN  
HEAT AND FRESHWATER BUDGETS: CLIMATIC INDICES**

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25 **LARGE-SCALE ATMOSPHERIC FORCING INFLUENCING THE LONG**  
26 **TERM VARIABILITY OF MEDITERRANEAN HEAT AND FRESHWATER**  
27 **BUDGETS: CLIMATIC INDICES**

28

29 **ABSTRACT:** Interannual to interdecadal precipitation (P), evaporation (E), freshwater  
30 budget (E-P) and air-sea net heat flux (Q) have been correlated with the North Atlantic  
31 Oscillation (NAO), East Atlantic (EA), East Atlantic – West Russia (EA-WR) and  
32 Mediterranean Oscillation (MO) climatic indices to explore the influence of  
33 atmospheric forcing in the Mediterranean freshwater and heat budgets variability. The  
34 effect of MO pattern has similarities with that of NAO but MO influence is more  
35 intense: on annual basis, MO index gives the highest correlation with all the variables  
36 considered and, during its negative phase, it exerts a stronger influence than NAO and is  
37 associated with higher P and, especially, enhanced evaporative losses in the Levantine  
38 sub-basin. EA pattern does not significantly affect P in the Mediterranean but a high  
39 correlation is found for E and Q from 1979. EA-WR mode plays a significant role in  
40 annual net heat flux since variations in its sign have the potential to induce see-saw  
41 variations in the heat budgets of the eastern and western sub-basins, as previously found  
42 by Josey et al. (2011) for wintertime.

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46 **Keywords:** Heat and freshwater budgets, long-term variability, atmospheric forcing,  
47 climatic indices, Mediterranean Sea.

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49

50 **1.- INTRODUCTION**

51

52 The Mediterranean Sea (Figure 1), a marginal basin located across a dynamic border  
53 that separates two different climatic regions (Europe and North Africa), extends over  
54 3000 km in longitude and over 1500 km in latitude with an area of  $2.5 \cdot 10^{12} \text{ m}^2$  and  
55 communicates with the Atlantic Ocean through the Strait of Gibraltar and with the  
56 Black Sea through the Turkish Bosphorus and Dardanelles Straits. Semi-enclosed basins  
57 such as the Mediterranean are suitable for the characterisation of heat and water fluxes  
58 since they make a basin budget closure feasible. As evaporation (E) exceeds  
59 precipitation (P) and river runoff (R), inflow from Atlantic through the Strait of  
60 Gibraltar is necessary to balance the water and salt budgets.

61

62 -----Approximate location of Figure 1-----

63

64 A great number of studies have dealt with the Mediterranean heat (Bethoux, 1979;  
65 Bunker et al., 1982; May, 1986; Garrett et al., 1993; Gilman and Garrett, 1994;  
66 Castellari et al., 1998; Matsoukas et al., 2005; Ruiz et al., 2008; Criado-Aldeanueva et  
67 al., 2012) and water (Bethoux, 1979; Peixoto et al., 1982; Bryden and Kinder, 1991;  
68 Harzallah et al., 1993; Gilman and Garrett, 1994; Castellari et al., 1998; Angelucci et  
69 al., 1998; Béthoux and Gentili, 1999; Boukthir and Barnier, 2000; Mariotti et al., 2002;  
70 Mariotti, 2010; Romanou et al., 2010; Criado-Aldeanueva et al., 2012) budgets but only  
71 in the recentmost ones, which use longer datasets, the attention focused on the  
72 interannual variability and its forcing mechanisms. For instance, Criado-Aldeanueva et  
73 al. (2012) report three different periods in the precipitation and evaporation anomalies:  
74 from early 50s to late 60s, a positive trend is observed that changes to negative until late

75 80s when it changes sign again. This variability also reflects in the net heat flux  
76 exchanged between the ocean and atmosphere and suggests a 40-year period multi-  
77 decadal oscillation related to long-term atmospheric forcing that needs further  
78 investigation.

79

80 Climatic indices that represent modes of atmospheric variability provide an integrated  
81 measure of weather linked more to the overall physical variability of the system than to  
82 any individual local variable. Among these indices, the North Atlantic Oscillation  
83 (NAO) is one of the most prominent modes of the northern hemisphere climate  
84 variability (Walker and Bliss, 1932; van Loon and Rogers, 1978; Barnston and Livezey  
85 1987; see Hurrell et al., 2003 for a recent review). It consists of a dipole of the sea level  
86 pressure over the North Atlantic-European region with one centre reflecting the Iceland  
87 low and the other the Azores high. The positive phase of the NAO (Figure 2A) is  
88 associated with higher than average sea level pressure (SLPA) over most parts of  
89 Europe and the Mediterranean Sea. The intensification of the Azores High and the  
90 deepening of the Icelandic Low during this phase strengthens and modifies the  
91 orientation of westerlies and associated storm-track activity and leads to drier conditions  
92 in southern Europe (south of 45°N) and the Mediterranean and wetter in northern  
93 Europe (Walker and Bliss 1932; van Loon and Rogers 1978; Rogers and van Loon  
94 1979; Hurrell 1995; Serreze et al., 1997; Dai et al., 1997; Mariotti et al., 2002; Mariotti  
95 and Arkin, 2007). Opposite conditions prevail during the negative phase (Figure 2B),  
96 with lower than average SLPA over south Europe and the Mediterranean that lead to  
97 higher precipitation in these areas.

98

99 -----Approximate location of Figure 2-----

100 The influence of large-scale atmospheric circulation on the climate variability over the  
101 Mediterranean region has also been addressed in terms of other teleconnection patterns  
102 such as the East-Atlantic (EA), the East Atlantic – West Russia (EA-WR) or the  
103 Scandinavian (SCAN) patterns (Josey et al., 2011; Papadopoulos et al., 2012a, b). The  
104 positive phase of the EA pattern (Figure 2C) is dominated by a broad region of  
105 anomalously low pressure centred approximately midway of the two centres of the  
106 NAO (Josey and Marsh, 2005) that gives rise to strong cyclonic wind forcing of the  
107 North Atlantic around this location. In its negative state (Figure 2D), it produces a  
108 relatively strong pressure gradient in the western Mediterranean which can potentially  
109 generate a cold northerly airflow and enhanced heat loss in this region (Josey et al.,  
110 2011). The EA-WR pattern (Figure 2E-F) exhibits anomalously high (low) pressure  
111 over the North Sea flanked by low (high) pressure centres over West Russia and over  
112 the western North Atlantic at 45-55°N. Positive phases of EA-WR favour northerlies  
113 over eastern Mediterranean and southerlies over western Mediterranean. The SCAN  
114 pattern (not shown) produces weak variations in the SLPA field and plays a minor role  
115 in the large-scale atmospheric forcing over the Mediterranean (Josey et al, 2011;  
116 Papadopoulos et al., 2012a).

117

118 Conte et al (1989) suggested the possible existence of a Mediterranean Oscillation  
119 (MO) associated with dipolar behaviour of the atmosphere in the area between the  
120 western and eastern Mediterranean. Differences in temperature, precipitation,  
121 circulation and other parameters between both basins were attributed to this MO (Conte  
122 et al., 1989; Kutiel et al., 1996; Maheras et al., 1999, Supic et al., 2004) and an index to  
123 measure the intensity of this dipole-like behaviour was proposed as the normalised 500  
124 hPa height difference anomalies between Algiers (36.4°N, 3.1°E) and Cairo (30.1°N,

125 31.4°E) (Conte et al., 1989). A second version of the index can be calculated based on  
126 normalized sea level pressure differences between Gibraltar northern frontier (36.1°N,  
127 5.3°W) and Lod Airport Israel (32.0°N, 34.5°E) (Palutikof, 2003, available at  
128 <http://www.cru.uea.ac.uk/cru/data/moi/>) and, more recently Papadopoulos et al. (2012a,  
129 b) introduced the Mediterranean index as the sea level pressure difference between  
130 south France (45°N, 5°E) and Levantine Sea (35°N, 30°E). Suselj and Bergant (2006)  
131 proposed a MO index definition based on EOF analysis of SLPA fields over an  
132 extended Mediterranean region and Gomis et al. (2006) also adopted this definition to  
133 study its influence in the flow exchange through Gibraltar. For the reasons given in  
134 section 2, we have adopted this EOF-based approach to the MO index for this research.

135

136 In contrast to NAO, that has been extensively studied, and the other atmospheric  
137 indices, only a few previous works focus on the MO index (especially during winter)  
138 and more research is required on this topic. This work adds some of this research by  
139 exploring MO influence in annual heat and freshwater budgets in comparison with the  
140 other teleconnection patterns. To this aim, we correlate interannual to interdecadal  
141 precipitation, evaporation, freshwater budget (E-P) and net heat flux with several  
142 atmospheric climatic indices (NAO, EA, EA-WR and MO) and analyse the relative  
143 importance of their positive and negative phases in the variables. The work is organised  
144 as follows: section 2 describes the data and methodology; section 3 presents and discuss  
145 the results both from a regional and global approach and finally section 4 summarises  
146 the conclusions.

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149

## 150 2.- DATA AND METHODOLOGY

151

152 Since there is no unique way to describe the spatial structure of the low-frequency  
153 atmospheric modes of variability, it follows that there is no universally accepted index  
154 to describe the temporal evolution of the phenomenon. Climatic indices have been  
155 traditionally derived either from the simple difference in surface pressure anomalies or  
156 some other climate variable between various locations (e.g., Conte et al., 1989;  
157 Palutikof, 2003; Papadopoulos et al., 2012a, b for MO index; Rogers, 1984;; Hurrell,  
158 1995; Jones et al., 1997; Slonosky and Yiou, 2001; Jones et al., 2003 for a comparison  
159 between several station-based NAO indices) or from the Principal Components (PC)  
160 time series of the leading Empirical Orthogonal Function (EOF) of sea level pressure or  
161 some other climate variable (Suselj and Bergant, 2006; Gomis et al., 2006 for MO  
162 index; see Hurrell and Deser, 2010 for a review of diverse NAO definitions). A widely  
163 employed analysis of the main modes of atmospheric variability is that carried out at the  
164 National Oceanic and Atmospheric Administration (NOAA) Climate Prediction Centre  
165 (CPC). They characterize the main modes through a rotated principal component  
166 analysis (Barnston and Livezey, 1987) of the observed monthly mean 500 mb height  
167 anomaly fields in the region 20°N-90°N and provide monthly index values for each  
168 mode (see details in <http://www.cpc.ncep.noaa.gov/data/teledoc/teleindcalc.shtml>). In  
169 this study, we have retrieved CPC monthly index values for the NAO, EA and EA-WR  
170 patterns.

171

172 A disadvantage of the station-based indices is that they are fixed in space and are  
173 significantly affected by small-scale and transient meteorological events that introduce  
174 noise (Trenberth, 1984; Hurrell and van Loon, 1997) whereas the PC time series

175 approach is more optimal representation of the full spatial pattern (Hurrell and Deser,  
176 2010). For this reason and for homogeneity with the other climatic indices, the MO  
177 pattern has been computed as the first EOF mode of normalised sea level pressure  
178 anomalies (from NCEP dataset) across the extended Mediterranean region (30°W-40°E  
179 in longitude, 30°N-60°N in latitude) which exhibits a single centre located over the  
180 central and western Mediterranean (not shown), fairly steady in all seasons. The MO  
181 index is then obtained as the corresponding time coefficients of the first EOF mode.  
182

183 It is important to notice that NAO, EA and EA-WR can act independently as modes  
184 resulting from the same EOF analysis. MO shows some similarity with NAO, with  
185 higher (lower) than average SLPA over the Mediterranean during its positive (negative)  
186 phase (Figure 2G-H). On annual basis, correlation of MO index with the independent  
187 modes of low frequency variability is 0.57 with NAO and 0.43 with EA (no significant  
188 correlation is observed with EA-WR). Seasonally, summer (JAS) MO index is only  
189 significantly correlated with NAO ( $r = 0.37$ ) whereas winter (JFM) MO index exhibits a  
190 similar correlation ( $r \sim 0.33$ ) with the rest of the indices. Being aware that MO captures  
191 to a certain extent the influence of the other independent modes (mainly NAO) and  
192 hence cannot act independently from them, its potential to affect more intensely the  
193 variables over the Mediterranean Sea merits investigation.

194

195 Monthly means from January 1948 to February 2009 of precipitation, evaporation and  
196 surface heat fluxes (positive toward the atmosphere, the same as evaporation) have been  
197 retrieved from the National Center for Environmental Prediction-National Center of  
198 Atmospheric Research (NCEP-NCAR) reanalysis project (NCEP hereinafter, Kalnay et  
199 al., 1996), which is run at T62 spectral resolution (approximately a grid size of



200 1.9°x1.9°) with 28 sigma levels. Auxiliary data of monthly mean sea level pressure at  
201 2.5°x2.5° for the period 1948-2009 have also been retrieved from NCEP database.  
202 Uncertainties derived from the use of reanalysis have been studied by Mariotti et al.  
203 (2002), who showed that NCEP data exhibit good agreement when compared with  
204 observational P and E datasets at interannual to inter-decadal time scales in the  
205 Mediterranean area (except some discrepancies in E in the 80s and 90s). For comparison  
206 purposes, we have also analysed monthly data from ERA-Interim, the latest reanalysis  
207 dataset released by ECMWF (Berrisford et al., 2009) that focused on the data-rich  
208 period since 1979. At 1.5° horizontal resolution, it includes many model improvements,  
209 variational bias correction for satellite data and other improvements in data handling.  
210 ERA-Interim uses mostly the sets of observations acquired for ERA-40 supplemented  
211 by data for recentmost years from ECMWF operational archive. Reasonably good  
212 agreement has been observed between these two reanalysis datasets in their common  
213 period both in the seasonal cycles (not shown) and in the interannual variability (Figures  
214 3-6E). Due to the longer time coverage provided by NCEP, results will focus on this  
215 dataset but comparisons with ERA-Interim will be also discussed.

216

217 Although the use of reanalysis allows the construction of homogeneous time series  
218 (both in time and space) and leads to a better representation of the basin-scale features,  
219 validation with observational datasets is desirable for robustness. For this reason, data  
220 from the Climate Prediction Centre Merged Analysis of Precipitation (CMAP, Xie and  
221 Arkin, 1996, 1997) have also been retrieved and analysed. This dataset gives estimation  
222 of monthly mean precipitation at  $2.5^\circ \times 2.5^\circ$  resolution for the period 1979–2009. The  
223 standard version consists of a merged analysis mainly based on gauge stations over land  
224 and satellite estimates over the ocean that matches reasonably well the reanalysis

225 outputs in their common period especially in terms of interannual variability (Figure  
226 3E), this reinforcing reliability of our results.

227

228 Linear correlation maps have been used to identify coupled patterns between the  
229 variables and the atmospheric indices. The statistical significance of the correlation has  
230 been computed by transforming the correlation matrix in a *t*-student distribution with  $N-2$   
231 degrees of freedom, where  $N$  is the number of element of the analysed time series.  
232 Time filtering into low and high frequency components is achieved using a 5-year  
233 running mean to take into account the long time scale effects of the indices. Composite  
234 analysis (in terms of anomalies respect the climatic mean over 1948-2009) has also been  
235 performed to highlight the differences between the positive and negative phases of the  
236 indices, defined as the upper and lower quartiles of the climatic indices time series over  
237 the period 1948-2009. Only the points where the results are statistically different from  
238 zero (according to a *t*-Student test at 95% significance) have been represented.

239

### 240 **3.- RESULTS AND DISCUSSION**

241

#### 242 ***3.1.- Precipitation***

243

244 Table 1 shows the correlation between precipitation and the climatic indices for the  
245 several datasets analysed. On annual basis, the MO index shows the highest (negative)  
246 correlation ( $r = 0.45$  on average over 56% of the Mediterranean) with values up to  $-0.7$   
247 in the Aegean and northern Levantine sub-basins (Figure 3A). The correlation increases  
248 in winter (or if the entire rainy period, from October to March is considered), when P is  
249 generally linked to storm-track activity captured by atmospheric indices, with wide

250 regions close to -0.6 (not shown). In summer, most of precipitation across the  
251 Mediterranean region is of convective origin and is poorly correlated with the large-  
252 scale atmospheric forcing. At decadal timescales (5-year running means), MO and NAO  
253 have a similar performance ( $r = 0.56$  on average) and up to 80% of the basin (except the  
254 south-Ionian and westernmost areas) is significantly correlated (Figure 3B). EA and  
255 EA-WR exhibit lower correlation with P and only some isolated regions are sensitive to  
256 their effect (see Table 1). Correlation is rather similar for different datasets but fairly  
257 dependent of the period analysed (this making the 60-year NCEP time series the most  
258 reliable for long-term variability): if only the period from 1979 is considered (ERA-  
259 Interim, NCEP<sub>79-09</sub> and CMAP data), correlation between MO index and P is weaker in  
260 general since departure from both time series is evident, especially from 2000 but also  
261 in the 80s (Figure 3E).

262

263 -----Approximate location of Figure 3-----

264 -----Approximate location of Table 1-----

265

266 Negative correlation of P with NAO (and MO, see the similarity between their SLPA  
267 fields in Figure 2) is a well documented feature because its positive phase (stronger  
268 dipole) produces a SLPA field (Figure 2A) that strengthens and modifies the orientation  
269 of prevailing westerly winds and associated storm-track activity which cause dry  
270 anomalies in the Mediterranean region (Hurrell, 1995; Serreze et al., 1997; Dai et al.,  
271 1997; Mariotti et al., 2002; Mariotti and Arkin, 2007). The negative phase (especially  
272 that of MO, with higher anomalies in the SLP field) is linked to an intense cyclogenesis  
273 over the central/western Mediterranean that produces anomalously wet conditions over  
274 most of the basin and, hence, negative correlation with P. Precipitation anomalies

275 during the positive and negative phases (higher and lower quartiles) of the indices are  
276 shown in Table 2. MO exerts the strongest influence with precipitation anomalies close  
277 to 100 mm/year on average over most of the basin. Higher anomalies are observed in  
278 the northern Mediterranean in both phases with values up to -200 mm/year during the  
279 positive phase in the Ionian and Levantine sub-basins and up to 250 mm/year during the  
280 negative phase in the Ionian and north Adriatic (see Figure 3C-D). All indices result in  
281 precipitation anomalies of similar sign across the basin (see Table 2), except the  
282 positive EA phase that produces a dipole response with positive (negative) anomalies in  
283 some areas of the eastern (western) basin.

284

285 Basin wide (Figure 3E), decadal to interdecadal variability of the Mediterranean  
286 precipitation appears to be even more closely related to NAO and MO indices with  
287 correlations of -0.82 and -0.76, respectively (Table 1). In particular, the decrease from  
288 mid-60s to early-90s corresponds to a switch from a low to a high state of the indices  
289 (notice that -NAO and -MO indices have been plotted). These results are in good  
290 agreement with those of Mariotti et al. (2002), who obtained (only for NAO) a  
291 correlation of -0.51 and -0.84 for annual and decadal (5-year running means) variability,  
292 respectively and confirms the importance of the choice of a long period for budget  
293 studies in the Mediterranean, since the long time scale effects of the indices must be  
294 taken into account because of their direct implication on the variables (Pettenuzzo et.  
295 al., 2010).

296

297 -----Approximate location of Table 2-----

298

299

### 300 **3.2.- Evaporation**

301

302 On annual basis, MO index presents also the strongest correlation ( $r = -0.36$  on average,  
303 Table 1) with evaporation although only some areas of the Levantine (with stronger  
304 negative correlation,  $r$  close to  $-0.6$ ) and western sub-basins are significantly correlated  
305 (Figure 4A). NAO performs a rather similar influence ( $r = 0.33$  on average over 37% of  
306 the Mediterranean) whereas EA and EA-WR seem to be poorly correlated with  
307 evaporation. At decadal timescales (5-year running means), NAO and MO show the  
308 same correlation ( $r = 0.52$  on average) although NAO affects more extensive areas,  
309 especially the Liguro-Provencal, south of Greece (with values close to  $-0.8$ ) and  
310 Levantine sub-basins (Figure 4B). It is interesting to mention that the MO influence  
311 extends to almost 80% of the basin (with similar correlation values) if the summer index  
312 is considered. Since evaporation is higher in autumn (Mariotti et al., 2002; Romanou et  
313 al., 2010; Criado-Aldeanueva et al., 2012), it could be argued that the atmospheric  
314 forcing in summer pre-conditions to a certain extent its evolution in the following  
315 months. From 1979, higher correlation is observed for most indices, especially EA with  
316  $r$  above 0.7 over more than 90% of the Mediterranean.

317

318 Anti-correlation for MO (and NAO) is again expected since, in its negative phase,  
319 anomalously low pressure over the whole basin is observed (see Figure 2H). This favors  
320 colder and dryer air masses from Central Europe generate more severe weather  
321 conditions over the northern and eastern Mediterranean and hence an intensification of  
322 evaporative losses to the atmosphere. Conversely, the positive MO phase is associated  
323 with higher than average pressure over the Mediterranean and North Africa (Figure 2G)  
324 that promote a shift of the wind trajectories toward lower latitudes. Warmer and moister

325 air masses are then conveyed toward the Mediterranean leading to milder winters and a  
326 consequent decrease in the evaporative loss, similarly as showed by Hurrell (1995) for  
327 the NAO.

328

329 Negative evaporation anomalies are higher under the positive NAO phase (-92 mm/year  
330 on average over most of the basin, see Table 1) with values up to -160 mm/year in the  
331 Levantine basin and the Gulf of Lions (Figure 4C), two well documented sites of  
332 formation of Levantine Intermediate Water (LIW) and Western Mediterranean Deep  
333 Water (WMDW), respectively. This decrease in evaporation (and associated latent heat  
334 losses) may reflect in a reduction of the intermediate and deep waters formed (see  
335 Josey, 2003 and Papadopoulos et al., 2012b for a complete discussion of the winter  
336 convection processes). As for precipitation, the negative MO phase exerts stronger  
337 influence and leads to higher (positive) evaporation anomalies (98 mm/year on average,  
338 Table 1), with values above 400 mm/year in the Levantine sub-basin (Figure 4D). In  
339 this phase, the dipole of anomalously low pressure over Central Europe and Turkey  
340 (Figure 2H) brings colder and dryer air masses from continental regions to the  
341 Levantine sub-basin that enhance evaporative losses in this area and may promote  
342 winter LIW formation. All indices result in evaporation anomalies of similar sign across  
343 the basin (see Table 2), except the EA-WR pattern that produces a dipole response with  
344 positive (negative) anomalies in most of the eastern (western) basin in the positive  
345 phase and vice-versa that will be commented in detailed for the net heat flux.

346

347 -----Approximate location of Figure 4-----

348

349 Basin wide (Figure 4E), decadal to interdecadal variability of the Mediterranean  
350 evaporation is well correlated with the NAO index ( $r = -0.6$ , Table 1) but not  
351 significantly with EA or EA-WR (in case of EA-WR because it produces correlation of  
352 different sign in the eastern and western sub-basins). Correlation increases from 1979  
353 (ERA-Interim, NCEP<sub>79-09</sub>) and a very good agreement between the EA time series and  
354 basin-averaged evaporation (Figure 4E) is found ( $r = 0.87$  and  $0.7$ , respectively).  
355 However, this increase is more likely to be related to the shorter period analysed, that  
356 has coincided with an agreement of both time series in contrast to the departure  
357 observed before 1979.

358

### 359 ***3.3.- E – P freshwater budget***

360

361 The freshwater budget E-P is the combination of the two above contributions E and P.  
362 On annual basis, MO index gives correlation of different sign in the easternmost  
363 Levantine sub-basin (negative correlation up to  $-0.4$ ) and some areas of the Adriatic, the  
364 Ionian, the Aegean and the western sub-basin near Corsica and Sardinia (positive  
365 correlation up to  $0.8$ , Figure 5A). However, only 38% of the Mediterranean is  
366 significantly correlated with this index (Table 1). The spatial pattern correlation of EA  
367 is rather similar to that of MO ( $r = 0.35$  on average) whereas NAO and EA-WR are not  
368 significantly correlated in most of the basin. From 1979, the correlation with all climatic  
369 indices tends to increase but the fraction of points significantly correlated is lower. At  
370 decadal timescales (5-year running means), this bi-modal pattern becomes more evident  
371 with significant positive correlation almost everywhere (higher values up to  $0.8$  in the  
372 Adriatic and north Ionian) and negative correlation restricted to the easternmost  
373 Levantine sub-basin (Figure 5B for EA and similarly for MO and NAO, the latter with

374 lower correlation values). For the recentmost decades, a fairly good correlation is found  
375 with EA ( $r = 0.7$  on average from ERA-Interim data over more than 70% of the basin).  
376  
377 E-P anomalies under the positive and negative phases of the indices also follow this bi-  
378 modal pattern as a consequence of the different sensitiveness of E and P to the  
379 atmospheric forcing in each region. Again, the negative phase of MO index exerts the  
380 strongest influence (Table 2), with positive anomalies up to 400 mm/year in the  
381 Levantine sub-basin and negative anomalies about -200 mm/year above 35°N (Figure  
382 5C). As shown in Figures 3-4D, the negative phase of MO is associated with intense  
383 (positive) evaporation anomalies and a minor increase in precipitation in the Levantine  
384 basin that result in this E-P pattern. In contrast, north of 35°N, the noticeable  
385 precipitation increase (Figure 3D) and the reduced changes in evaporation (Figure 4D)  
386 result in a negative E-P anomaly (Figure 5C). Opposite conditions prevail during the  
387 positive MO phase: negative anomalies in the Levantine basin and positive north of  
388 35°N (not shown), with more moderate values (Table 2). A rather similar spatial pattern  
389 is observed for NAO (see Table 2 for average values) but the fraction of points  
390 significantly influenced is lower. EA-WR also affects E-P in a dipolar manner but in  
391 this case E is dominant and changes in E-P closely follow those of E (positive/negative  
392 anomalies in some areas of the eastern/western basin in the positive phase and vice-  
393 versa). The only exception to this bi-modal pattern is associated to the negative EA  
394 phase that produces negative E-P anomalies in most of the basin (Figure 5D). In this  
395 state, precipitation anomalies are higher than those of evaporation except in the  
396 Levantine and north western sub-basins, where they tend to compensate and result in  
397 non-significant E-P changes (Figure 5D).  
398



399 -----Approximate location of Figure 5-----

400

401 Mediterranean-averaged decadal to interdecadal E-P variability (Figure 5E) is not  
402 significantly correlated with MO, NAO and EA-WR due to this bi-modal pattern of  
403 correlation of opposite sign. EA shows a reasonably good correlation ( $r = 0.59$ , Table 2)  
404 that increases if only the period from 1979 is considered ( $r = 0.85$  from ERA-Interim  
405 data) because the 60s decade of high discrepancy has been left out.

406

### 407 **3.4.- Net heat flux**

408

409 The net air-sea heat flux is the sum of the two radiation components (solar shortwave  
410 radiation absorbed by the sea and longwave radiation emitted by the sea) and the two  
411 turbulent terms (latent and sensible heat). Annual net heat flux is moderately correlated  
412 ( $r$  close to 0.4 on average, Table 1) with MO index (Figure 6A) in most parts of the  
413 Mediterranean (except the Alboran, Adriatic and north Aegean sub-basins, where  
414 correlation is not significant). Similar results are found for NAO index but more  
415 extended areas (especially the southern Ionian, not shown) are not significantly  
416 correlated whereas for EA and EA-WR only ~25% of the basin is significantly  
417 correlated on annual basis (Table 1). Decadal variations (5-year running means) are  
418 more correlated with the atmospheric indices, especially with MO ( $r$  up to -0.9 off  
419 Sicily and south of Greece and close to -0.7 in most of the Levantine basin, Figure 6B).

420

421 As shown by Criado-Aldeanueva et al. (2012), the net heat flux variability is mostly  
422 determined by the latent heat variability, this contribution becoming the main source of  
423 interannual variability. Since latent heat is directly related to evaporation, similarity

424 between Figures 4 and 6 (panels A-B) is expectable. However, stronger correlation is  
425 observed with NAO and MO for net heat flux (see also Table 1) due to the contribution  
426 of the other components that correlate well with these indices. Notice that the sign of  
427 the correlation is negative because we have selected net heat flux positive toward the  
428 atmosphere (the same as evaporation).

429

430 -----Approximate location of Figure 6-----

431

432 We can now compare these results with those of Papadopoulos et al. (2012b), who  
433 correlate latent and sensible heat fluxes (from OAFflux, Yu et al., 2008) with several  
434 climatic indices (the four of this study among others) during winter (November to  
435 March). For the net heat flux, we find on annual basis a higher correlation with NAO  
436 index ( $r = 0.37$  on average compared to their  $\sim 0.2$ ) and a minor fraction of points  
437 influenced by EA-WR (26% compared to their  $\sim 60\%$ ). They also report a positive  
438 correlation with MO index in the westernmost Balearic and Alboran sub-basins that has  
439 not been found on annual basis. But the most outstanding difference is related to EA  
440 pattern: on annual basis, only  $\sim 25\%$  of the Mediterranean is significantly correlated  
441 with EA index (Table 1) but during winter its influence extends to most of the basin  
442 (with  $r$  up to 0.6) and plays a significant role in the heat loss associated to intermediate  
443 and deep water formation processes (Josey et al., 2011; Papadopoulos et al., 2012a, b).  
444 Despite the different datasets and time periods analysed, these changes are likely to be  
445 related to the seasonal variability of the EA pattern that is enhanced during wintertime  
446 and weakens in spring and summer (Barnston and Livezey, 1987; Rogers, 1990).

447

448 Negative net heat flux anomalies over the entire Mediterranean Sea are associated with  
449 the positive NAO and MO phases (Table 2), due to a higher shortwave radiation and  
450 lower sensible and, especially, latent losses (i.e.  $-2.5 \text{ Wm}^{-2}$ ,  $+1.2 \text{ Wm}^{-2}$ ,  $-2.9 \text{ Wm}^{-2}$  and -  
451  $7.2 \text{ Wm}^{-2}$  for shortwave, longwave, sensible and latent terms respectively in the positive  
452 NAO phase). Opposite conditions prevail in the negative MO phase, with positive heat  
453 anomalies all across the basin mainly due to higher evaporative losses ( $5.4 \text{ Wm}^{-2}$ ,  $-3.4$   
454  $\text{Wm}^{-2}$ ,  $2.2 \text{ Wm}^{-2}$  and  $6.9 \text{ Wm}^{-2}$  for shortwave, longwave, sensible and latent terms  
455 respectively) that become more important in the Levantine basin (Figure 4D, an  
456 explanation for this is provided in section 3.2).

457

458 Since latent heat variability regulates the net heat flux variability, the spatial patterns of  
459 net heat anomalies in the positive and negative NAO and MO phases are similar to  
460 those of evaporation (Figure 4C-D) and will not be repeated here. Instead, we will  
461 discuss now the influence of EA and EA-WR to compare with previous works that  
462 perform a similar analysis for wintertime. The negative EA phase (Figure 6D) is  
463 associated with positive net heat anomalies in the western basin (up to  $8\text{-}10 \text{ Wm}^{-2}$ ) and  
464 some areas of the Levantine sub-basin with values higher than  $8 \text{ Wm}^{-2}$ . However,  
465 anomalies are significantly different from zero only in 54% of the Mediterranean and  
466 the spatially-averaged net heat anomaly is  $\sim 5 \text{ Wm}^{-2}$  (Table 2). As shown in Figure 2D,  
467 in the negative EA phase higher than average SLPA over the British Islands induces  
468 north-easterly flow of cold dry air which steepens the sea-air temperature and humidity  
469 gradient, this favouring stronger than normal heat loss over the entire basin. The  
470 influence of EA pattern in enhanced heat losses is similar to that of NAO ( $\sim 5.5 \text{ Wm}^{-2}$  in  
471 46% of the basin, Table 2) but both are less than half of MO. Josey et al. (2011) found a  
472 stronger effect of EA pattern in winter heat losses and a minor impact of NAO (they did

473 not considered the MO pattern). Since they also analysed NCEP dataset in a similar  
474 time period (1958-2006), differences are likely to be attributable to the seasonality of  
475 the atmospheric patterns. The enhanced EA high (in its negative state) and a slight shift  
476 to the east during winter may lead to a much stronger influence over the whole basin in  
477 this season.

478

479 EA-WR mode generates net heat anomalies of opposite sign in the eastern and western  
480 sub-basins. In its positive state, positive anomalies (mainly associated to higher latent  
481 losses) are found in the eastern sub-basin with values up to  $15 \text{ Wm}^{-2}$  in the Levantine  
482 area whereas negative anomalies (due to lower latent losses) locate in the Adriatic and  
483 Balearic sub-basin with more moderate values ( $\sim 5 \text{ Wm}^{-2}$ ). This dipolar pattern can be  
484 explained based on the SLPA associated to the positive EA-WR phase (Figure 2E): the  
485 higher than average SLPA over north Europe induces a northerly flow of cold dry air  
486 over the eastern basin but a southerly flow of relatively warm moist air over the western  
487 basin leading to net heat anomalies of different sign. Opposite conditions prevail during  
488 the negative phase and thus, variations in the sign of EA-WR have the potential to  
489 induce see-saw variations in the heat budgets of the eastern and western basins, as  
490 shown by Josey et al. (2011), who found a strong impact of this mode in winter heat  
491 fluxes.

492

493 Basin wide (Figure 6E), decadal to interdecadal Mediterranean net heat flux variability  
494 is well correlated with NAO and MO indices ( $r = -0.68$  and  $-0.63$ , respectively). As  
495 previously said, the bimodal pattern associated to EA-WR prevents a good correlation  
496 when Mediterranean-averaged net heat is considered. Similarly as for evaporation  
497 (remind this term is the main source of interannual net heat variability), a very good

498 correlation with EA is found from 1979 ( $r = 0.83$  from ERA-Interim and 0.69 from  
499 NCEP<sub>79-09</sub>, see also Figure 6E).

500

#### 501 **4.- SUMMARY AND CONCLUDING REMARKS**

502

503 We have correlated interannual to interdecadal precipitation, evaporation, freshwater  
504 budget (E-P) and net heat flux with the climatic indices NAO, EA, EA-WR and MO to  
505 explore the influence of atmospheric forcing in the Mediterranean freshwater and heat  
506 budgets variability. A composite analysis to highlight the differences between the  
507 positive and negative phases of the indices and hence, to determine the cause-effects  
508 relationships between them has also been performed. Although NAO and MO show in  
509 general a similar influence on the Mediterranean, some differences are worth  
510 mentioning: i) on annual basis, MO index gives the highest correlation with all the  
511 variables considered (Table 1); ii) particularly during its negative phase, MO exerts a  
512 stronger influence than NAO and is associated with higher precipitation and, especially,  
513 evaporative losses in the Levantine basin.

514

515 Both NAO and MO induce precipitation anomalies of the same sign all across the basin  
516 and the Mediterranean-averaged precipitation decrease from mid-60s to early-90s  
517 clearly corresponds to a switch from a negative to a positive phase of both indices. For  
518 evaporation, their influence is more pronounced in the Levantine basin, with positive  
519 anomalies (and associated latent heat losses) during the negative phase. Precisely, the  
520 different sensitiveness of E and P across the Mediterranean leads to correlations of  
521 opposite sign for E-P in the easternmost area with respect to the rest of the basin. EA  
522 pattern does not significantly affect P in the Mediterranean but a high correlation is

523 found for E and net heat from 1979 that is worth to be followed. The strong effect of  
524 this mode in winter heat losses reported by Josey et al. (2011) is not so evident on  
525 annual basis due to the seasonality of EA pattern that weakens in spring and summer  
526 (Barnston and Livezey, 1987; Rogers, 1990). In contrast, EA-WR mode plays a  
527 significant role generating net heat anomalies of opposite sign in the eastern and  
528 western sub-basins, as previously found by Josey et al. (2011).

529

530 To conclude, taking into account that MO is not independent from the other modes of  
531 low frequency variability (especially from NAO,  $r = 0.57$  on annual basis), we have  
532 shown its potential to affect more intensely the variables over the Mediterranean Sea  
533 and provide a valuable measure of the atmospheric impact on the basin, then becoming  
534 a powerful tool for monitoring heat and freshwater budgets variability.

535

## 536 **ACKNOWLEDGEMENTS**

537

538 This work has been carried out in the frame of the P07-RNM-02938 Junta de Andalucía  
539 Spanish-funded project. JSN acknowledges a postgraduate fellowship from Conserjería  
540 de Innovación Ciencia y Empresa, Junta de Andalucía, Spain. Partial support from  
541 CTM2010-21229 (M. of Science and Technology) Spanish-funded project is also  
542 acknowledged. NCEP and CMAP data have been provided by the NOAA/OAR/ESRL  
543 PSD, Boulder, Colorado, USA, from their website at <http://www.esrl.noaa.gov/psd/>.  
544 ECMWF ERA-Interim data used in this study have been obtained from the ECMWF  
545 data server. Time series of the teleconnection patterns were retrieved from the NOAA  
546 Climate Prediction Centre. Comments of three anonymous reviewers were of great help  
547 to improve the former manuscript.

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701

## 702 **FIGURE CAPTIONS**

703

704 **Table 1:** Mean absolute correlation at 95% significance level between annual and  
705 decadal (5-years running means) climatic indices and P, E, E-P and net heat flux (Q).  
706 The fraction of grid points significantly correlated is shown in brackets. The last column  
707 displays the correlation (n.s. indicates that correlation is not significant) between the  
708 selected indices and the Mediterranean-averaged variables at decadal (5-years running  
709 means) timescale (time series of panel E in Figures 3-6). Boldface indicates the  
710 strongest influence.

711

712 **Table 2:** Mediterranean averaged anomalies in the 1948-2008 period during the positive  
713 (CA+, higher quartile) and negative (CA-, lower quartile) phases of the selected  
714 climatic indices (NAO, MO, EA and EA-WR). Units are mm/year for P, E and E-P and  
715  $\text{Wm}^{-2}$  for Q. Anomalies of opposite sign across the basin are separated by /. The fraction

716 of points where the anomaly is significantly different from zero is shown in brackets.  
717 The spatial pattern of results highlighted in bold is shown in the corresponding figures.  
718  
719 **Figure 1:** Map of the Mediterranean Sea. The main basins and sub-basins are indicated.  
720  
721 **Figure 2:** Composites of sea level pressure anomalies (mbar) in the 1948-2008 period  
722 during the positive (higher quartile, left column) and negative (lower quartile, right  
723 column) phases of the selected climatic indices: A-B) NAO; C-D) EA; E-F) EA-WR;  
724 G-H) MO.  
725  
726 **Figure 3:** A) Correlation (95% significance) between annual precipitation (P) and MO  
727 index for the period 1948-2008. B) Correlation (95% significance) between 5-year  
728 running means P and MO index for the period 1948-2008. C) Composite of P anomalies  
729 (mm/year) under the positive (higher quartile) phase of MO index. D) Composite of P  
730 anomalies (mm/year) under the negative (lower quartile) phase of MO index. E) Time  
731 series of 5-year running means of Mediterranean-averaged P and the most correlated  
732 NAO and MO climatic indices.  
733  
734 **Figure 4:** A) Correlation (95% significance) between annual evaporation (E) and MO  
735 index for the period 1948-2008. B) Correlation (95% significance) between 5-year  
736 running means E and NAO index for the period 1948-2008. C) Composite of E  
737 anomalies (mm/year) under the positive (higher quartile) phase of NAO index. D)  
738 Composite of E anomalies (mm/year) under the negative (lower quartile) phase of MO  
739 index. E) Time series of 5-year running means of Mediterranean-averaged E and the  
740 selected NAO, MO and EA climatic indices.

741

742 **Figure 5:** A) Correlation (95% significance) between annual freshwater budget (E-P)  
743 and MO index for the period 1948-2008. B) Correlation (95% significance) between 5-  
744 year running means E-P and EA index for the period 1948-2008. C) Composite of E-P  
745 anomalies (mm/year) under the negative (lower quartile) phase of MO index. D)  
746 Composite of E-P anomalies (mm/year) under the negative (lower quartile) phase of EA  
747 index. E) Time series of 5-year running means of Mediterranean-averaged E-P and the  
748 most correlated EA climatic index.

749

750 **Figure 6:** A) Correlation (95% significance) between annual net heat flux (Q) and MO  
751 index for the period 1948-2008. B) Correlation (95% significance) between 5-year  
752 running means Q and MO index for the period 1948-2008. C) Composite of Q  
753 anomalies ( $\text{Wm}^{-2}$ ) under the positive (higher quartile) phase of EA-WR index. D)  
754 Composite of Q anomalies ( $\text{Wm}^{-2}$ ) under the negative (lower quartile) phase of EA  
755 index. E) Time series of 5-year running means of Mediterranean-averaged Q and the  
756 selected NAO, MO and EA climatic indices.

757

	Annual means				5-years means				5-years Med-averaged			
	NAO	MO	EA	EA/WR	NAO	MO	EA	EA/WR	NAO	MO	EA	EA/WR
<b>P</b> <sub>NCEP</sub>	0.31 (33%)	<b>0.45 (56%)</b>	0.37 (35%)	0.31 (3%)	0.55 (87%)	<b>0.56 (81%)</b>	0.50 (55%)	0.39 (35%)	<b>-0.82</b>	-0.76	-0.43	n.s
<b>P</b> <sub>ERA-I</sub>	0.42 (12%)	0.46 (21%)	n.s	0.41 (7%)	0.61 (42%)	0.57 (37%)	0.54 (37%)	0.57 (39%)	-0.57	-0.49	n.s	-0.40
<b>P</b> <sub>79-09</sub>	0.41 (22%)	0.42 (26%)	0.40 (6%)	n.s	0.62 (81%)	0.54 (56%)	0.65 (74%)	0.54 (60%)	-0.74	-0.54	0.79	-0.56
<b>P</b> <sub>CMAP</sub>	0.47 (31%)	0.51(26%)	0.44 (4%)	0.39 (4%)	0.61 (57%)	0.60 (40%)	0.54 (40%)	0.56 (21%)	-0.77	-0.60	n.s	n.s
<b>E</b> <sub>NCEP</sub>	0.33 (37%)	<b>0.36 (40%)</b>	0.32 (10%)	0.33 (21%)	<b>0.52 (79%)</b>	0.52 (56%)	0.42 (49%)	0.45 (42%)	<b>-0.60</b>	-0.45	n.s	n.s
<b>E</b> <sub>ERA-I</sub>	0.40 (15%)	0.40 (4%)	0.45 (24%)	0.42 (28%)	0.59 (89%)	0.50 (58%)	0.74 (91%)	0.57 (64%)	-0.68	-0.50	0.87	-0.53
<b>E</b> <sub>79-09</sub>	0.42 (44%)	0.38 (5%)	0.45 (15%)	0.41 (13%)	0.63 (86%)	0.48 (56%)	0.64 (95%)	0.48 (31%)	-0.65	-0.41	0.70	n.s
<b>E-P</b> <sub>NCEP</sub>	0.30 (15%)	<b>0.39 (38%)</b>	0.35 (33%)	0.33 (23%)	0.42 (59%)	0.48 (59%)	<b>0.51 (65%)</b>	0.42 (42%)	n.s	n.s	<b>0.59</b>	n.s
<b>E-P</b> <sub>ERA-I</sub>	0.41 (13%)	0.44 (10%)	0.42 (6%)	0.44 (9%)	0.55 (61%)	0.53 (32%)	0.70 (72%)	0.54 (44%)	-0.46	n.s	0.85	-0.37
<b>E-P</b> <sub>79-09</sub>	0.43 (17%)	0.43 (8%)	0.41 (9%)	0.41 (6%)	0.57 (44%)	0.55 (19%)	0.62 (55%)	0.54 (49%)	n.s	n.s	0.68	n.s
<b>Q</b> <sub>NCEP</sub>	0.37 (51%)	<b>0.37 (59%)</b>	0.31 (24%)	0.36 (26%)	0.58 (76%)	<b>0.58 (83%)</b>	0.40 (49%)	0.52 (43%)	<b>-0.68</b>	-0.63	n.s	0.39
<b>Q</b> <sub>ERA-I</sub>	0.41 (22%)	0.39 (4%)	0.42 (20%)	0.43 (34%)	0.58 (79%)	0.51 (44%)	0.68 (83%)	0.58 (66%)	-0.70	-0.51	0.83	-0.56
<b>Q</b> <sub>79-09</sub>	0.46 (54%)	0.41 (6%)	0.44 (13%)	0.43 (17%)	0.64 (95%)	0.49 (54%)	0.65 (86%)	0.50 (21%)	-0.65	-0.41	0.69	n.s

758

759 **Table 1:** Mean absolute correlation at 95% significance level between annual and decadal (5-years running means) climatic indices and P, E, E-  
760 P and net heat flux (Q). The fraction of grid points significantly correlated is shown in brackets. The last column displays the correlation (n.s.  
761 indicates that correlation is not significant) between the selected indices and the Mediterranean-averaged variables at decadal (5-years running  
762 means) timescale (time series of panel E in Figures 3-6). Boldface indicates the strongest influence.

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	NAO		MO		EA		EA/WR	
	CA +	CA -	CA +	CA -	CA +	CA -	CA +	CA -
<b>P</b> <sub>NCEP</sub>	-83.1 (85%)	58.3 (62%)	<b>-93.0 (91%)</b>	<b>86.9 (78%)</b>	87.8/-39.4 (65%)	58.8 (79%)	37.6 (37%)	46.1 (49%)
<b>E</b> <sub>NCEP</sub>	<b>-91.7 (92%)</b>	46.6 (41%)	-68.1 (78%)	<b>98.1 (74%)</b>	79.2 (81%)	37.3 (53%)	66.2/-36.4 (59%)	43.7/-78.3 (59%)
<b>E-P</b> <sub>NCEP</sub>	74.3/-74.2 (63%)	57.4/-90.5 (51%)	75.1/-58.2 (73%)	<b>119.7/-89.3 (79%)</b>	88.2/-81.1 (77%)	<b>-65.7 (67%)</b>	60.8/-47.7 (49%)	51.4/-78.8 (45%)
<b>Q</b> <sub>NCEP</sub>	-11.4 (91%)	5.5 (46%)	-8.4 (86%)	11.1 (86%)	8.1/-5.9 (67%)	<b>4.9 (54%)</b>	<b>9.4/-3.8 (70%)</b>	5.7/-10.1 (74%)

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767 **Table 2:** Mediterranean averaged anomalies in the 1948-2008 period during the positive (CA+, higher quartile) and negative (CA-, lower  
768 quartile) phases of the selected climatic indices (NAO, MO, EA and EA-WR). Units are mm/year for P, E and E-P and Wm<sup>-2</sup> for Q. Anomalies  
769 of opposite sign across the basin are separated by /. The fraction of points where the anomaly is significantly different from zero is shown in  
770 brackets. The spatial pattern of results highlighted in bold is shown in the corresponding figures.

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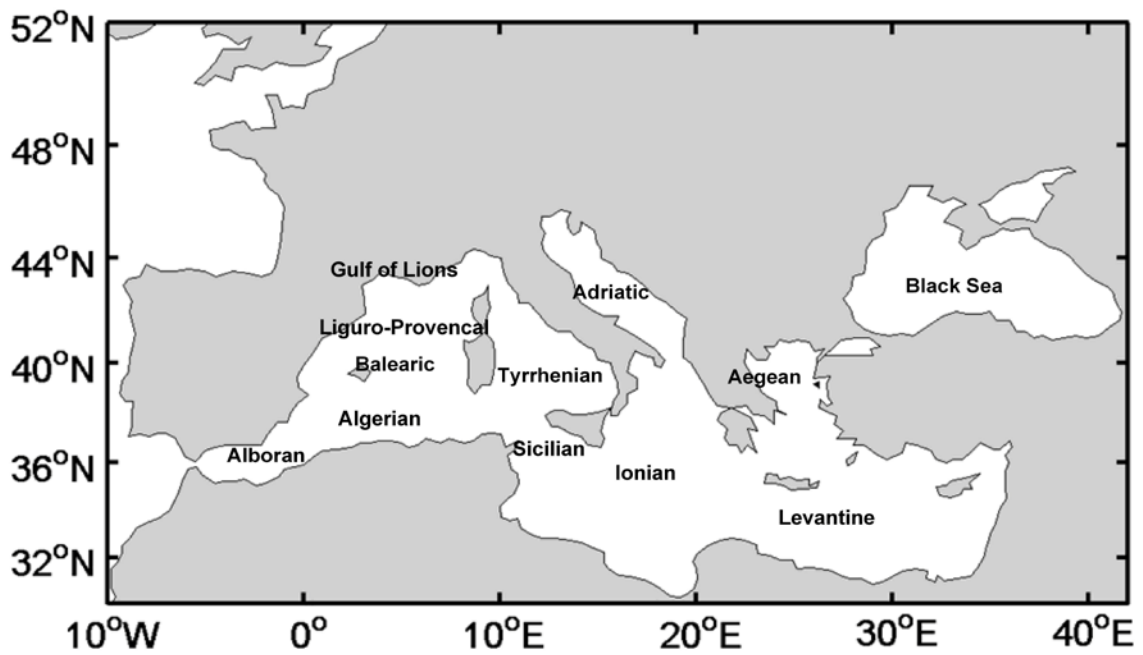
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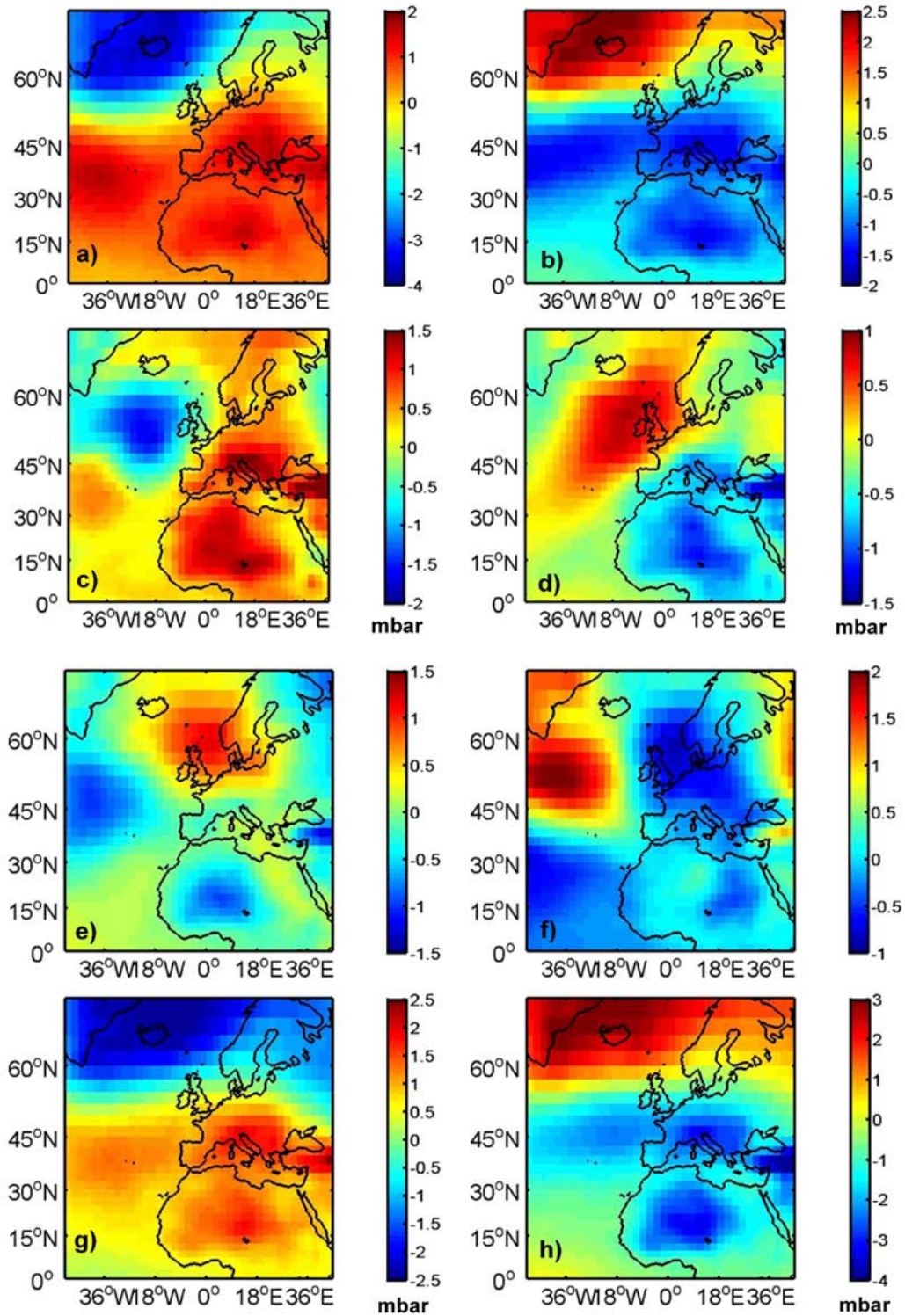
779 **Figure 1:** Map of the Mediterranean Sea. The main basins and sub-basins are indicated.

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785 **Figure 2:** Composites of sea level pressure anomalies (mbar) in the 1948-2008 period

786 during the positive (higher quartile, left column) and negative (lower quartile, right

787 column) phases of the selected climatic indices: A-B) NAO; C-D) EA; E-F) EA-WR;

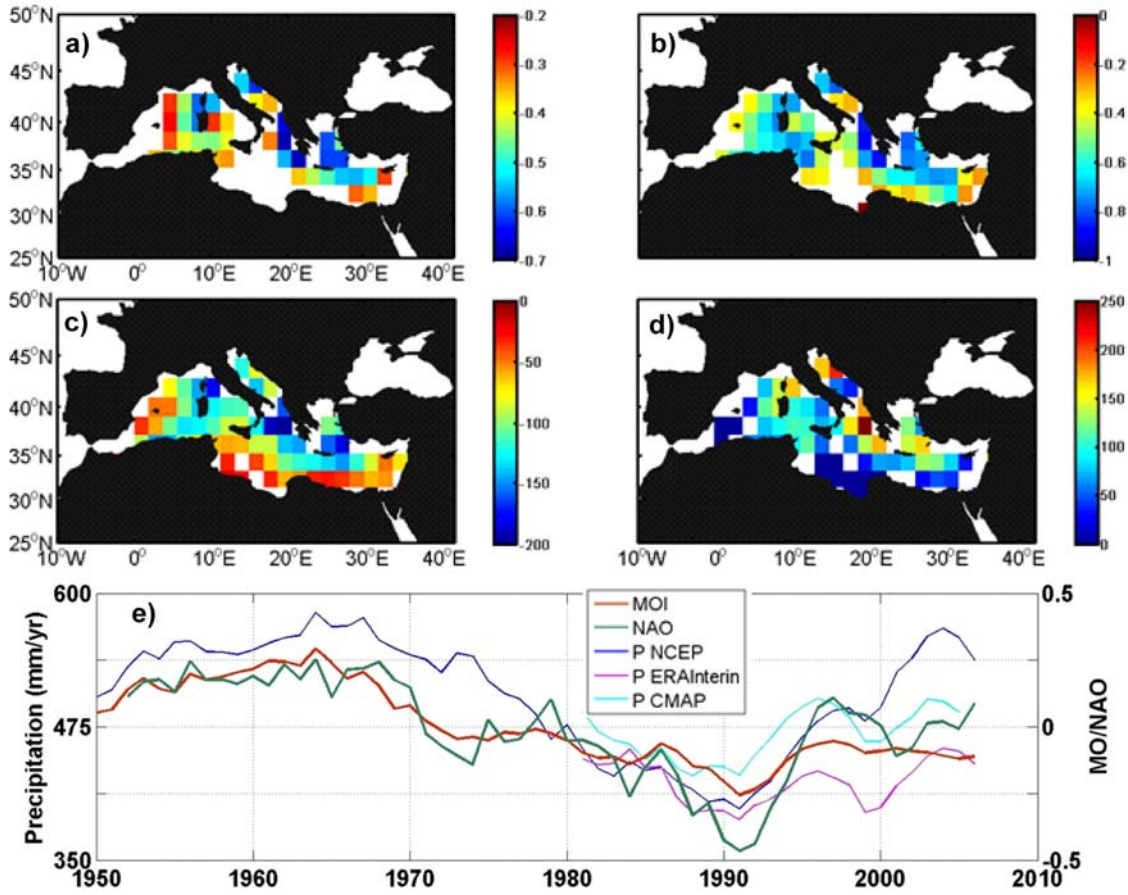
788 G-H) MO.

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794 **Figure 3:** A) Correlation (95% significance) between annual precipitation (P) and MO

795 index for the period 1948-2008. B) Correlation (95% significance) between 5-year

796 running means P and MO index for the period 1948-2008. C) Composite of P anomalies

797 (mm/year) under the positive (higher quartile) phase of MO index. D) Composite of P

798 anomalies (mm/year) under the negative (lower quartile) phase of MO index. E) Time

799 series of 5-year running means of Mediterranean-averaged P and the most correlated

800 NAO and MO climatic indices.

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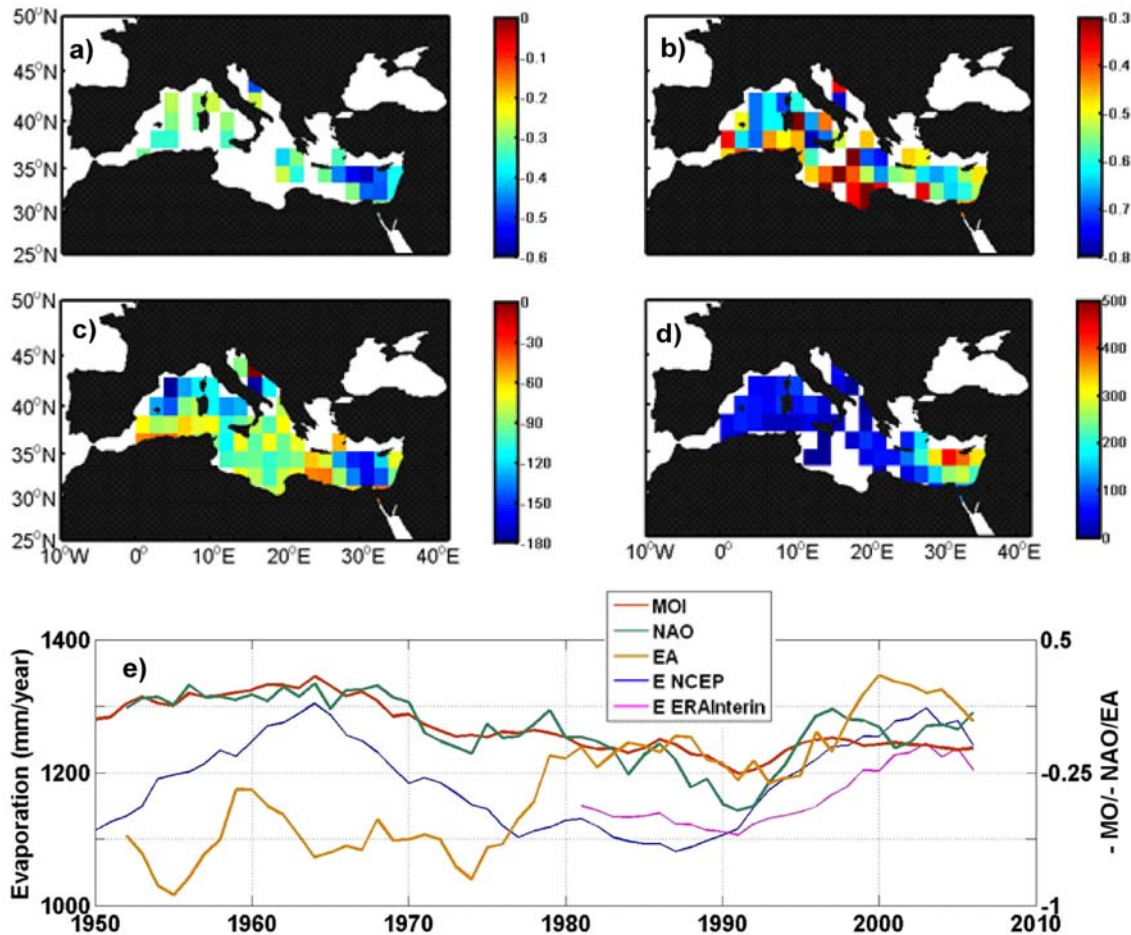
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809 **Figure 4:** A) Correlation (95% significance) between annual evaporation (E) and MO

810 index for the period 1948-2008. B) Correlation (95% significance) between 5-year

811 running means E and NAO index for the period 1948-2008. C) Composite of E

812 anomalies (mm/year) under the positive (higher quartile) phase of NAO index. D)

813 Composite of E anomalies (mm/year) under the negative (lower quartile) phase of MO

814 index. E) Time series of 5-year running means of Mediterranean-averaged E and the

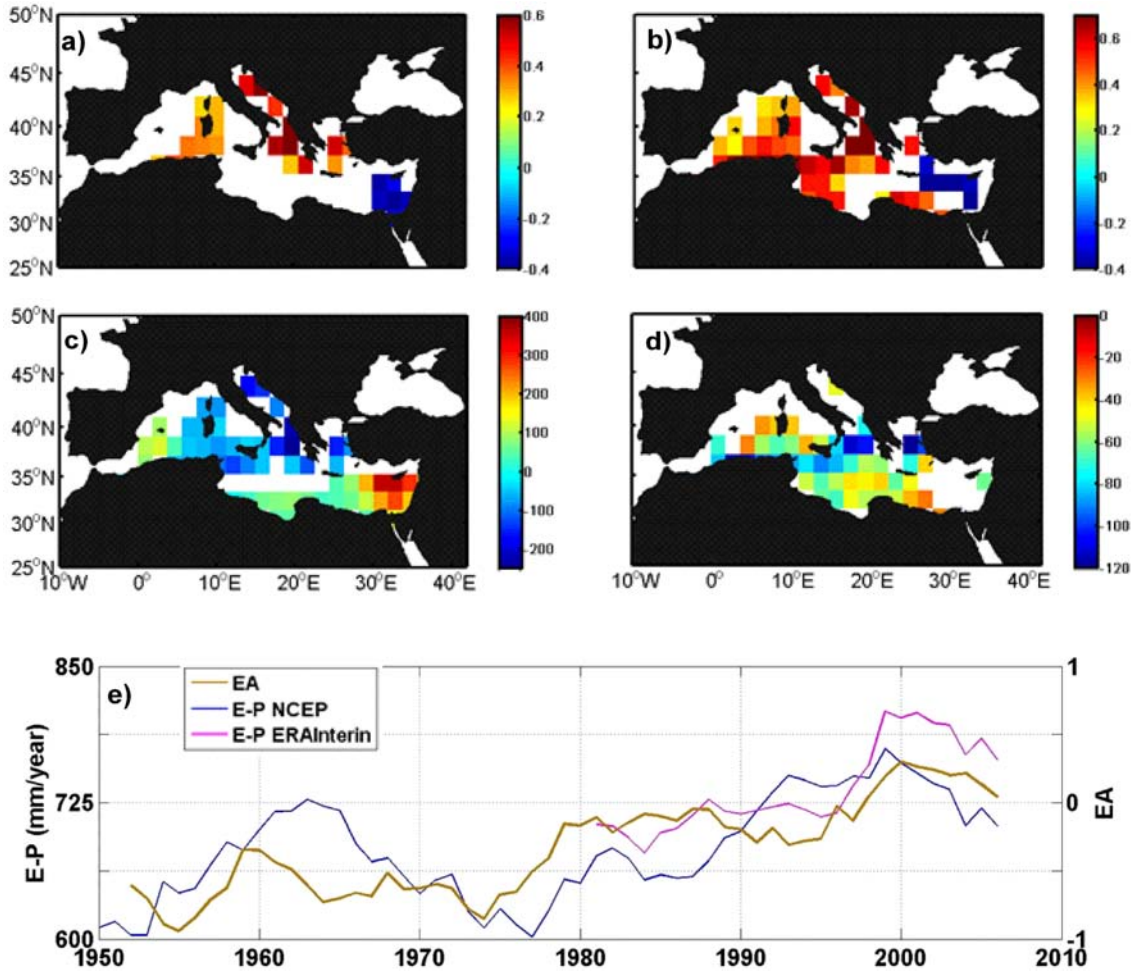
815 selected NAO, MO and EA climatic indices.

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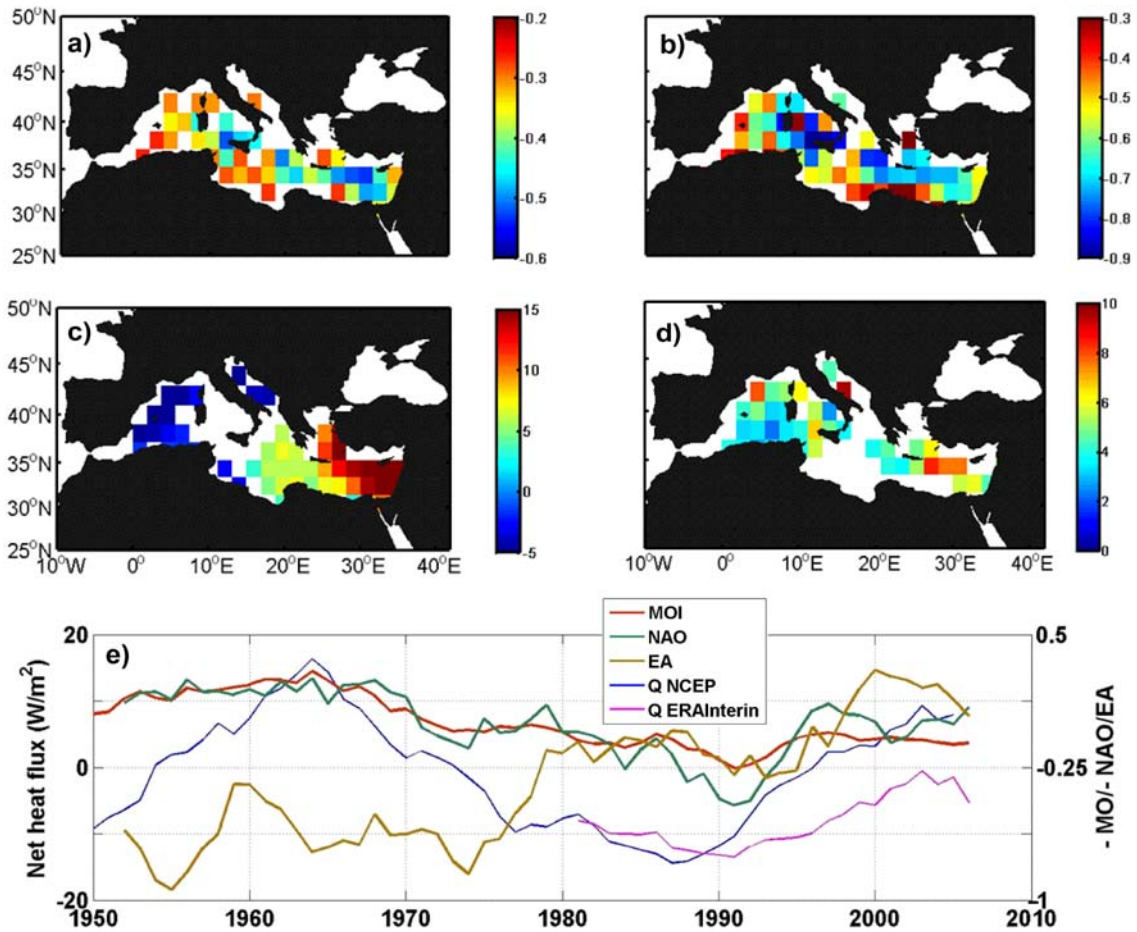
822 **Figure 5:** A) Correlation (95% significance) between annual freshwater budget (E-P)  
823 and MO index for the period 1948-2008. B) Correlation (95% significance) between 5-  
824 year running means E-P and EA index for the period 1948-2008. C) Composite of E-P  
825 anomalies (mm/year) under the negative (lower quartile) phase of MO index. D)  
826 Composite of E-P anomalies (mm/year) under the negative (lower quartile) phase of EA  
827 index. E) Time series of 5-year running means of Mediterranean-averaged E-P and the  
828 most correlated EA climatic index.

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835 **Figure 6:** A) Correlation (95% significance) between annual net heat flux (Q) and MO

836 index for the period 1948-2008. B) Correlation (95% significance) between 5-year

837 running means Q and MO index for the period 1948-2008. C) Composite of Q

838 anomalies ( $Wm^{-2}$ ) under the positive (higher quartile) phase of EA-WR index. D)

839 Composite of Q anomalies ( $Wm^{-2}$ ) under the negative (lower quartile) phase of EA

840 index. E) Time series of 5-year running means of Mediterranean-averaged Q and the

841 selected NAO, MO and EA climatic indices.

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